



## COURSE OUTLINE: PNG131 - NURSING PRACTICE II

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<b>Course Code: Title</b>	PNG131: NURSING PRACTICE II
<b>Program Number: Name</b>	3024: PRACTICAL NURSING
<b>Department:</b>	PRACTICAL NURSING
<b>Academic Year:</b>	2022-2023
<b>Course Description:</b>	<p>This course is comprised of two components: lab theory/practice, and clinical. The lab theory and practice component of the course further explores the concept of health promotion and health protection with at risk individuals. The learner will gain the knowledge and the skills related to performing basic assessment and nursing skills required to care for the individual in selected age groups including math calculations. The clinical component of the course will provide the learner with opportunities to examine the role of the practical nurse and utilize critical thinking skills to plan and implement nursing care in long term care and simulated clinical settings. The expectation is to safely apply theoretical knowledge and skills from all past and present core nursing courses. The learner is expected to safely and competently care for two clients by the end of this clinical experience.</p>
<b>Total Credits:</b>	16
<b>Hours/Week:</b>	4
<b>Total Hours:</b>	206
<b>Prerequisites:</b>	PNG113, PNG115, PNG116, PNG117, PSY120
<b>Corequisites:</b>	PNG121, PNG127
<b>This course is a pre-requisite for:</b>	PNG233, PNG234, PNG236, PNG238
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<b>3024 - PRACTICAL NURSING</b>
<b>Please refer to program web page for a complete listing of program outcomes where applicable.</b>	VLO 1 Communicate therapeutically with clients and members of the health care team.
	VLO 2 Assess clients across the life span, in a systematic and holistic manner.
	VLO 3 Plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.
	VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.
	VLO 5 Evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.
	VLO 6 Act equitably and justly with clients and members of the health care team.
	VLO 7 Adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.
	VLO 8 Contribute to creating a healthy and safe work environment in a variety of health



	care settings.
	VLO 9 Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 3 Execute mathematical operations accurately.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>
<b>Course Evaluation:</b>	<p>Passing Grade: 60%, C</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>
<b>Other Course Evaluation &amp; Assessment Requirements:</b>	<p>The student must achieve a Satisfactory evaluation in both the Lab component (60%) and the clinical component at a satisfactory level in order to be successful in the course overall. Refer to the Student Success Guide for policies and procedures related absence from Lab/Clinical. Attendance is mandatory, Clinical LTC 12 hours per week (1 hour per week allotted for data collection plus 5.5h x two days) for a total of 144h. Clinical hours are mandatory and hours missed that are required to be made up may be the financial accountability of the student. Students who miss clinical will be required to make up this time during the week immediately after the 12th week of clinical.</p> <p>1. Lab Test #1- 40% Lab Test #2- 40% Math Tests (4)- 20% Students must achieve 60% overall on the lab/math tests to be successful in this component.</p> <p>2. Clinical LTC 12 hours per week (1 hour per week allotted for data collection plus 5.5hours x two days) for a total 144 hours. Clinical hours are mandatory, and hours missed that are required to be made up may be financially accountable to the student. Students who miss clinical will be required to make-up this time during the week immediately after the 12th week of clinical.</p> <p>3. Supervised Skill Practice/Attendance at a Satisfactory Level</p>



4. Students must be successful in each component (test, supervised skills practice/attendance, clinical placement) to be successful in the course overall.

**Books and Required Resources:**

Ackley & Ladwig`s Nursing Diagnosis Handbook by Makic  
 Publisher: Mosby, Incorporated Edition: 13th  
 ISBN: 9780323776837

Gentle Persuasive Approaches (GPA) in Dementia Care by AGE  
 Publisher: Advanced Gerontological Education Edition: 4th  
 ISBN: 9780969102083

Gray Morris` Calculate with Confidence, Canadian Edition by Killian  
 Publisher: Elsevier Edition: 2nd Canadian  
 ISBN: 9780323695718

Canadian Clinical Nursing Skills & Techniques by Perry  
 Publisher: Mosby Incorporated  
 ISBN: 9781771722094  
 or e-book 9781771722124

Davis`s Canadian Drug Guide for Nurses by Vallerand  
 Publisher: F. A. Davis Company Edition: 18th  
 ISBN: 9781719646420

Canadian Fundamentals of Nursing by Potter  
 Publisher: Canadian Fundamentals of Nursing Edition: 6th  
 ISBN: 9781771721134

Laboratory & Diagnostic Tests by Kee  
 Publisher: Pearson Edition: 10th  
 ISBN: 9780134704463  
 Ebook 9780134703109

**Course Outcomes and Learning Objectives:**

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Clinical Component:  Practice in a professional manner in accordance with the College of Nurses of Ontario Standards of Practice.	1.1 Take responsibility for own personal and professional growth. 1.2 Differentiate between social and professional roles. 1.3 Utilize reflective practice to promote further learning through adhering to regulatory requirements of jurisdictional legislation. 1.4 Recognizes high risk practices and integrates mitigation strategies that promote safe care. 1.5 Comply and practice according to legislation, practice, ethics, and organizational policies. 1.6 Take responsibility for own decisions and actions. 1.7 Provides essential client information to the client and the healthcare team. 1.8 Takes action to minimize the impact of personal values and



	<p>assumptions on interactions and decisions.</p> <p>1.9 Practice self-care to promote personal health and wellness.</p> <p>1.10 Take responsibility for attending clinical placement according to college policy.</p> <p>1.11 Recognize the right of the client to make their own health choices.</p> <p>1.12 Identify how to demonstrate formal and informal leadership in practice.</p> <p>1.13 Discuss the different types of mentoring relationships.</p> <p>1.14 Initiates and fosters mentoring relationships.</p> <p>1.15 Recognizes, responds, and reports own and others near misses, errors, and adverse events.</p> <p>1.16 Demonstrates respect for the values, opinions, needs, and beliefs of others.</p> <p>1.17 Articulates own role based on legislated scope of practice, individual competence and care context including employer policies.</p> <p>1.18 Determines their own professional and interprofessional role within the team by considering the roles responsibilities and the scope of practice of others.</p>
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Display caring behaviours when interacting with well clients.	<p>2.1 Fosters an environment that encourages questioning and exchange of information.</p> <p>2.2 Demonstrate a supportive and client-centred approach.</p> <p>2.3 Use a non-judgmental attitude, empathy and genuineness when interacting with/for clients.</p> <p>2.4 Display sensitivity to beliefs, values and practices of various lifestyles and cultures.</p> <p>2.5 Promote the achievement of the client's expected health outcomes.</p> <p>2.6 Promotes effective interpersonal interaction.</p> <p>2.7 Incorporate a holistic approach with individuals.</p> <p>2.8 Promote the self-care abilities of the client.</p> <p>2.9 Advocates for the use of indigenous health knowledge and healing practices in collaboration with the client.</p> <p>2.10 Participates in creating and maintaining a quality practice environment that is healthy, respectful and psychologically safe.</p>
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
3. Practice interpersonal skills, which promote and maintain caring relationships with individuals, families, peers, faculty and agency personnel through collaboration and collegueship.	<p>3.1 Participate as a contributing member of the team in providing care for the client.</p> <p>3.2 Identify potential and actual situations of conflict.</p> <p>3.3 Follow verbal and non-verbal directions safely, responsibly and consistently.</p> <p>3.4 Adapt communication strategies to meet the needs of the client.</p> <p>3.5 Protect the client's rights by maintaining confidentiality and privacy in all personal and professional contexts.</p> <p>3.6 Communicates collaboratively with the client and the healthcare team.</p>



	<p>3.7 Applies strategies to prevent, de-escalate and manage disruptive, aggressive or violent behavior.</p> <p>3.8 Initiates, maintains, and terminates the therapeutic nurse-client relationship.</p>
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
<p>4. Apply the nursing process to organize and provide safe, competent basic nursing care for the well client.</p>	<p>4.1 Conduct purposeful client interviews.</p> <p>4.2 Capture data through history taking, interviewing, consultation, physical examination and review of available records.</p> <p>4.3 Assess the client accurately.</p> <p>4.4 Documents according to established legislation, practice standards, ethics, and organizational policies.</p> <p>4.5 Discuss how to formulate clinical decisions consistent with the client's needs and priorities.</p> <p>4.6 Determine individualized care according to assessment, pre-clinical preparation, current nursing strategies and the determinants of health.</p> <p>4.7 Develop daily organizational plans to manage time and select nursing responsibilities by formulating clinical decisions consistent with client needs and priorities.</p> <p>4.8 Discuss how to evaluate own critical thinking skills to assess implications of own decisions.</p> <p>4.9 Perform selected nursing interventions consistently in a safe, competent, client-centered manner (for up to 2 clients).</p> <p>4.10 Identify principles of selected basic nursing skills.</p> <p>4.11 Discuss how to organize the workload, assign/coordinate nursing care, set priorities, and demonstrate effective time management skills.</p> <p>4.12 Identify the use of community agencies to assist client when appropriate.</p> <p>4.13 Record significant information according to agency policy and agency policy.</p> <p>4.14 Identify how to use critical thinking, critical inquiry and clinical judgment for decision making.</p>
<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
<p>5. Promote client optimal health and wellness through the application of the theories of growth and development.</p>	<p>5.1 Identify the individual and family needs based on the stages of life.</p> <p>5.2 Provide nursing interventions based on the selected stage of the growth and development of the individual client.</p> <p>5.3 Provide nursing interventions for family members based on the selected stage of growth and development.</p> <p>5.4 Provide dignified, comfortable care for the dying client.</p> <p>5.5 Evaluates the effectiveness of nursing interventions by comparing actual outcomes to expected outcomes.</p>
<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
<p>6. Utilize principles of teaching-learning to promote optimal health, wellness, and safety of the</p>	<p>6.1 Identifies nursing diagnosis.</p> <p>6.2 Develop a plan to promote health and wellness of the client.</p> <p>6.3 Apply principles of teaching-learning to promote client health and wellness.</p>

client.	<p>6.4 Implement relevant and age appropriate teaching plans to promote the health and wellness of the client.</p> <p>6.5 Identifies how to assess, plan, implement, and evaluate the teaching and learning process.</p> <p>6.6 Identify how to assess the clients` literacy knowledge and readiness to learn.</p> <p>6.7 Discuss how to provide information and access to resources to facilitate health education.</p> <p>6.8 discuss how to evaluate the effectiveness of health education.</p>
<b>Course Outcome 7</b>	<b>Learning Objectives for Course Outcome 7</b>
7. Apply research findings to support nursing practice.	<p>7.1 Discuss how to research and respond to relevant clinical data.</p> <p>7.2 Provide a safe environment for the client based on current and relevant research.</p> <p>7.3 Participate in scholarly activities to support nursing practice.</p> <p>7.4 Discuss how to maintain current knowledge about trends and issues that impact the client, the Registered Practical Nurse, the healthcare team and the delivery of health services.</p> <p>7.5 Discuss how to engage in evidence-informed practice by considering a variety of relevant sources of information.</p>
<b>Course Outcome 8</b>	<b>Learning Objectives for Course Outcome 8</b>
<p>8. Lab/Theory Component:</p> <p>Apply principles and concepts of pharmacology when practising administering select medications via the non-parenteral route.</p>	<p>8.1 Discuss the CNO Medication Practice Standard in relation to the safe and competent administration of medications.</p> <p>8.2 Describe various forms of drug preparations.</p> <p>8.3 Discuss the various routes, specifically for non-parenteral medication administration. (e.g. suppositories, enemas, topical skin preparations, eye drops, ear drops).</p> <p>8.4 Identify the meanings of standard abbreviations used for medication administration.</p> <p>8.5 Interpret the components of a medication order.</p> <p>8.6 Collect the necessary information required for a complete drug profile.</p> <p>8.7 Analyze medication errors using practical examples of medication administration (e.g. errors and near misses).</p>
<b>Course Outcome 9</b>	<b>Learning Objectives for Course Outcome 9</b>
9. Solve mathematical problems by applying different calculation techniques.	<p>9.1 Review basic mathematical concepts and assess skill requirement.</p> <p>9.2 Demonstrate skill and accuracy in the following mathematical processes: addition, subtraction, multiplication and division of whole numbers, fractions, decimals and percentages.</p> <p>9.3 Demonstrate skill and accuracy in the following algebraic process: ratio and proportion.</p> <p>9.4 Distinguish between Arabic numbers and Roman numerals.</p>
<b>Course Outcome 10</b>	<b>Learning Objectives for Course Outcome 10</b>
10. Examine the purpose and methods of	<p>10.1 Discuss the purpose of charting.</p> <p>10.2 Identify legal guidelines for charting.</p>



documentation.	<p>10.3 Demonstrate different methods of charting including written and electronic medical records.</p> <p>10.4 Examine the College of Nurses Standards for documentation.</p> <p>10.5 Discuss common forms found on client records/charts.</p> <p>10.6 Write a comprehensive nursing note using the FDARP guideline.</p> <p>10.7 Demonstrate concise verbal, written, and electronic reporting techniques.</p> <p>10.8 Describe student requirements for thorough data collection in preparation for clinical placement.</p> <p>10.9 Describe requirements for completion of common clinical forms for use in student clinical placement.</p>
<b>Course Outcome 11</b>	<b>Learning Objectives for Course Outcome 11</b>
11. Demonstrate and assist clients with elimination in a variety of methods in the practice setting.	<p>11.1 Safely administer suppositories and small/large volume cleansing enemas in a lab setting.</p> <p>11.2 Demonstrate the methods for obtaining urine and stool specimens.</p> <p>11.3 Explain the procedure for disimpaction.</p> <p>11.4 Explain the purposes and methods of bladder training and continence care.</p>
<b>Course Outcome 12</b>	<b>Learning Objectives for Course Outcome 12</b>
12. Utilize the principles of wound care and surgical asepsis.	<p>12.1 Apply the principles of surgical asepsis.</p> <p>12.2 Demonstrate the proper application of sterile gloves.</p> <p>12.3 Prepare a sterile field and add required items.</p> <p>12.4 Demonstrate a dressing change using sterile technique on a simple wound with and without sterile gloves.</p> <p>12.5 Demonstrate basic wound irrigation.</p> <p>12.6 Describe a variety of basic wound dressings.</p> <p>12.7 Document wound care according to CNO standards.</p> <p>12.8 Explain the risk factors for pressure ulcer formation and impaired wound healing.</p> <p>12.9 Describe the stages of pressure ulcers.</p> <p>12.10 Demonstrate the proper application of heat and cold therapy</p>
<b>Course Outcome 13</b>	<b>Learning Objectives for Course Outcome 13</b>
13. Assist the client with limitations in mobility.	<p>13.1 Demonstrate common bandaging techniques with and without tensors.</p> <p>13.2 Demonstrate care and wrapping of a residual limb.</p> <p>13.3 Apply a variety of slings.</p> <p>13.4 Demonstrate use of anti-embolism devices including stockings and sequential compression devices.</p>
<b>Course Outcome 14</b>	<b>Learning Objectives for Course Outcome 14</b>
14. Apply the principles of blood glucose monitoring.	<p>14.1 Perform capillary puncture and blood glucose analysis using glucometer.</p> <p>14.2 Interpret findings from blood glucose results.</p> <p>14.3 Document appropriately on a diabetic record.</p>
<b>Course Outcome 15</b>	<b>Learning Objectives for Course Outcome 15</b>

	15. Discuss behavior management techniques/strategies.	15.1 Identify nonviolent behaviours. 15.2 discuss interventions used to manage nonviolent behaviours. 15.3 Discuss safety concerns to consider when managing nonviolent behaviours. 15.4 Demonstrate learned interventions in a variety of situations. 15.5 Discuss the causes of anxiety and aggression. 15.6 Recognize anxious and aggressive behaviour. 15.7 Explore verbal and physical interventions for the uncooperative client including safe and ethical use of physical restraints. 15.8 Examine safety concerns when interacting with uncooperative clients. 15.9 Demonstrate learned verbal and physical interventions in a variety of situations.
	<b>Course Outcome 16</b>	<b>Learning Objectives for Course Outcome 16</b>
	16. Apply current evidence-based practice knowledge as it relates to learned skills.	
	<b>Course Outcome 17</b>	<b>Learning Objectives for Course Outcome 17</b>
	17. Perform vital signs and general measurements.	17.1 Identify factors that influence vital signs (Temperature, Pulse, Respirations, Blood Pressure, and O2 Saturation). 17.2 Discuss factors that may interfere with the accuracy of vital sign measurement. 17.3 Demonstrate the proper technique of measuring clients' vital signs (Temperature, Pulse, Respirations, and Blood Pressure). 17.4 Measure oxygen saturation levels. 17.5 Measure height and weight. 17.6 Document by appropriate methods.
<b>Date:</b>	December 13, 2022	
<b>Addendum:</b>	Please refer to the course outline addendum on the Learning Management System for further information.	